

FMPC Hand Dissection Report

By Miriam Chang, Grade 11



As a part of the Future Medical Professions Club (FMPC), Charity Lin (G10) wrote a detailed reflection on their recent club activity that involved watching a hand dissection. As a new club introduced to HWIS this year, FMPC has been fostering the potential for students who wish to go after medical-related paths.

Being Co-president of FMPC, she poses as a great role model for the club members and writes the following: "The most striking thing about the hand is that it generally consists of two hills and a valley. The muscles on the two sides of the hand control the movement of the little finger and the thumb. No fewer than nine muscles are dedicated to controlling the thumb. These muscles each have their own unique functions which together make up the complex machinery that allows us to move our thumbs with such precision."

Anticipating more exciting club news from the various HWIS clubs in the future, FMPC is one of the only student-led clubs at HWIS, as the club leaders took the initiative to create a community for kids who may share similar interests to be able to freely express their ideas.



Charity (G10)

Watching the Hand Dissection video here: https://youtu.be/Sd1B_I0p7_M
Viewer Discretion advised

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THE HWIS-Per

ISSUE 12
November 2022

Personalization. Collaboration. Trust

HONG WEN INTERNATIONAL SCHOOL

弘文國際學校

AP & SAT Test Center: 70143
CEEB Code: 694018

Issuer: Dr. Chang Hui-Cheng
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Annual Supau Cup

It's that time again when we all participate in healthy and fun activities. After completing the 3K run last time, this year we're challenging ourselves with 9K!



Miriam (G11)

Say Hi to our newest journalist crew!

By Miriam Chang, Grade 11

Students from all grade levels at HWIS have come together to form the newest journalism team—literally.

Featuring all student-written articles, this column will provide in-depth details of our students' school lives, fun polls, and many more pieces of writing to read! To encourage our students to express their ideas and be creative with their words openly, we strive to represent all opinions of our student body. Let's get to know the members:

First off, we have our chief editor Miriam (G11), who just loves to write about anything and everything, and will be supporting our writers with their articles!

Next, I would like to introduce one of our excellent writers: Abigail (G10), or as I like to call her, Abby, is one of the best writers I've ever encountered and I look up to her work!

Tiger (G10), is an avid sports enthusiast who may bring us interesting sports news!

Ruby (G10) is a hardworking girl who's always has a bubbly and bright smile and great notetaking skills.

Last but not least, we have Ethan (G9), who I see as the most responsible and respectful student—ever.

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Ethan (G9), Tiger (G10)

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Interhouse Sports Day



By Abigail Shieh, Grade 10

Every semester, HWIS conducts an Interhouse Sports Day. Our students split up into four houses: Hercules, Wukong, Ixbalam, and Setna, and compete with each other in multiple sports to win house points, the title of sports day winner, and of course, bragging rights. Physical education has always been a central part of our extracurricular activities, helping students learn “teamwork and cooperation,” as stated by G9 Ethan, “sportsmanship,” as G9 Jessica and G11 Candy expressed, and teaching G9 Nathan that “there’s always room for improvement,” after he was beaten in his table tennis match.

This year, we have many new additions in each grade, adding up to around 120 students. Because of this, our schedule has become even more tight and eventful, and the school has introduced new sports: the previous badminton, table tennis, basketball, volleyball, and soccer, to the additional “baseball” -- baseball, but played without a bat for safety and in consideration of the court size. G11 Michelle voiced the benefits of more people and events, saying that because of the new students, there are “more skilled people,” and in order to keep to the schedule, a “shorter commute” to stay on track.

Last school year, due to COVID-19, we had postponed most of our activities, including the exciting sports day—the last time students had sports day was in February. Thankfully, we got the chance to bring back this activity this year. Everyone enjoyed this event, whether it’s because of sports or because they got to miss school. In the end, the house of Wukong won, but the most important thing is to have fun and enjoy the activities with friends, teammates, and teachers. Can’t wait for the next Interhouse sports day!! 🏀



Volunteer Work



By Ethan Ku, Grade 9

In the past four weeks, a group of Grade 9, 10, and 11 students did something warm-hearted -- they decided to help minority children in Zhenghe Academy, including children of low-income households, indigenous children, and disabled children. One of the most essential super curriculums that HWIS cares about is volunteering, which provides a sense of community, increases your social skills, teaches you valuable skills, and so on.

“I think the benefits I got after this volunteer work is I felt so grateful and cherish what I have now. Also, I became more patient since I’m working with children from elementary school,” said one of the participants, Ruby (G10). Together, the volunteers played ball with the kids, helped with their homework, told them stories, and did various other activities.

“After this volunteer work with the children, I think we should be more grateful for what we have right now,” said another participant, Paris (G10). “We always take what we have right now for granted so that we often ignore people that really need help.” She also noted that during the volunteer service it left an indelible work to be a better and grateful person. 🙏

